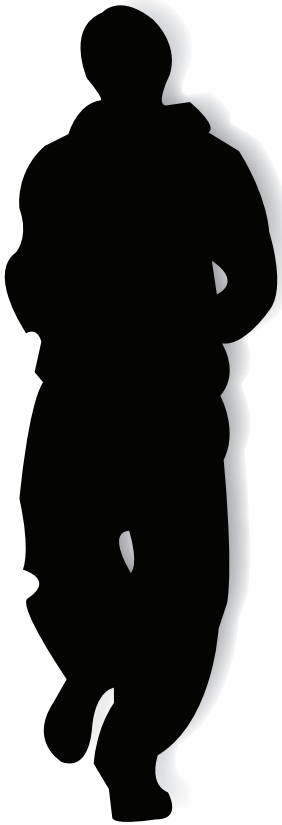

Join the Walk/Run!

Registration—Regular registration is $15, which includes a T-shirt. Student registration is $5, which includes a water bottle. Register with team "captains" at any LCSD1 school or at *Foot of the Rockies*, 1740 Dell Range Blvd. Registration is also accepted at the event.

Time—Check-in starts at 8 a.m. at Central High School. The Walk/Run begins at 9 a.m.

Teams—Walk/Run sponsors receive 10 T-shirts and are urged to field Walk/Run "teams."

Donations—Don't want to walk or run? You can send a donation of any amount to CSF at **P.O. Box 484, Cheyenne, WY 82003.**

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Cheyenne Schools Foundation is a 501(c) (3) corporation

Legal Designation

The appropriate designation for annual donations, wills, trusts, insurance policies and life income arrangements is:

Cheyenne Schools Foundation, a nonprofit, tax-exempt corporation organized and existing under the laws of the State of Wyoming.

For more information contact race coordinator Jamie Chavez at jamie.lc424@gmail.com

Contact the Foundation at
P.O. Box 484
Cheyenne, WY 82003

Or visit: **www.CheyenneSchoolsFoundation.org**

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16th annual
Cheyenne Schools Foundation

WALK/RUN

September 15, 2012

9 a.m.

Central High School

*****New Location*****

Join us for a 5K or 1 mile Walk/Run to raise money for CSF grants to enhance education in LCSD1.

CSF Walk/Run and Grants

Grants have provided $398,594 for special classroom programs over the past 15 years. These grants are supported by Walk/Run registrations and business/individual sponsorships.

In 2011, CSF awarded 11 "Student Enrichment" grants of up to $1,000 and four "Excellence in Education" grants of up to $3,000 each to Laramie County School District 1 teachers for classroom projects. "Excellence" projects have larger scope with more impact on the community.

The CSF grant committee received a record number of creative applications focused on enriched learning experiences for children.

Thanks to in-kind contributors:
Little Ol' Printshop, Foot of the Rockies, Wyoming Tribune Eagle, Wyoming Trophy & Engraving and **Jo-Ed Produce.**

2011 Excellence Grants

East High
Increasing Student Engagement and Teacher Data-Driven Planning | *Kassel*

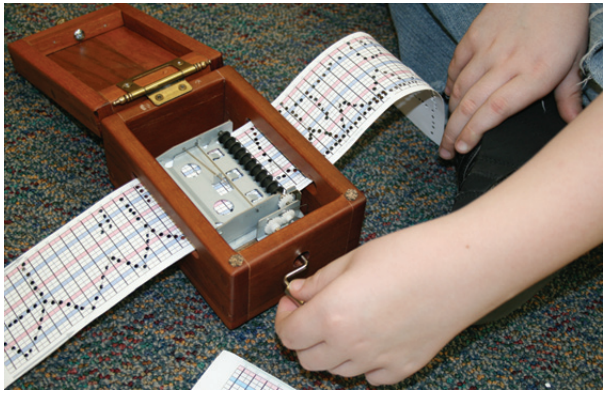
Anderson Elementary
Fiddles for Fourth Graders | *Brown*

Goins Elementary
New Books for a New School | *Moore*

Dildine Elementary
Engaging Students Through the Use of Technology | *Peterson*

CSF Mission

The CSF was established in 1995 to engage community interest and support for enhanced academic, personal and vocational opportunities for LCSD1 students beyond the capacity of the local school district budget.



In 2011, Sunrise Elementary music teacher Mary Beth Jones received a Student Enrichment Grant for her project titled "Music Box Compositions." Third- through sixth-grade students learned how to compose music to play on music boxes. According to Jones, the project was designed to provide the children with a unique way of learning how to write and listen to music. Above: After penciling their notes on long sheets of composition paper, the young musicians punched holes and ran their sheets of music through the music boxes. In addition, Jones presented her project at the district's annual Business Appreciation Breakfast.

Become a 2012 Sponsor

Supporters donating $1,000 or more are recognized as major Walk/Run event sponsors and receive the following:

- Name printed on event T-shirt
- Corporate banner displayed at Walk/Run
- Recognition in the Wyoming Tribune Eagle
- Grant awarded in your name

$3,000

- Taco John's
- LCSD1 Employees
- Anonymous Donor

$750–$2,999

- All That Jazz
- Blue Cross Blue Shield of Wyoming
- First Education Federal Credit Union
- Hickey & Evans LLP
- McGee, Hearne & Paiz LLP
- Southeast Wyoming Radiology Oncology
- Warren Federal Credit Union
- WYHY Federal Credit Union

16th annual

WALK/RUN registration

September 15, 2012 • 9 a.m. • **Central High School**

*Check-in begins at **8 a.m.***

Name

Business/School/Other

Mailing Address

City/State/ZIP

Phone

Fax

E-Mail

❍ $5 **student** registration *includes water bottle*

❍ $15 **regular** registration *includes T-shirt*

S M L XL 2XL 3XL 4XL

Turn completed form in to any LCSD1 school team captain, Foot of the Rockies or at check-in for the Walk/Run.

❍ Donation only

Liability Waiver and Release - In consideration of your accepting this entry for the CSF Excellence in Education Walk/Run, I, the undersigned intending to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all of my rights and claims for damages against the Cheyenne Schools Foundation and the associated sponsors and organizers with this event (before, during, and after the event). I attest that I am physically conditioned and have trained for the event. I am responsible for my own safety. I also give free use of my name and picture in any broadcast, telecast, or print media of the account of the event. Entry fees are non-refundable. In signing this form, I acknowledge that I have read and fully understand my own liability and accept restrictions.